



Saint Joseph Regional School Our Lady of Mercy Academy



March 28, 2024

Empowering students to grow as informed, inspired, compassionate souls.

Greetings OLMA Families, Faculty, and Staff:

What a wonderful evening for International Night last week! I enjoyed visiting with everyone so much, and the food was really spectacular. I'm always stunned each year when I see all of the care and effort that everyone puts into the food that they bring. THANK YOU to all the families who took the time to participate to share their heritage with us! And an enormous THANK YOU to Jennifer Marshall, our director of advancement, who planned and prepped and organized the event. It gets better and better every year. Thank you, Jen! I was also reminded once again about the beautiful diversity of cultures that we have throughout our schools. I know our students benefit tremendously by seeing that so clearly in action at International Night.

A big THANK YOU to SJRS parents Louisa Stonehill (violin) and Nick Burns (piano), joined by guest Guy Johnston (cello), with **Ashuelot Concerts** for bringing our students their amazing live music again last week!

As we have now finished the 3rd quarter, report cards will be out soon. It is always a good idea to check in on your child's progress regularly on RenWeb. There should not ever be any surprises with grades.

Students currently in grades 9, 10 and 11 will be receiving their 2024-2025 course selection packets next week. Please keep an eye out for those. Our Dean of Students, Liberty Ebright, will be working closely with students on choosing classes. If there are any questions, please do not hesitate to reach out to her.

A reminder that there is a HALF DAY today (Thursday, March 28) with dismissal at 11:45am; NO SCHOOL tomorrow (Friday, March 29) and Monday, April 1. Also, there is NO SCHOOL next Wednesday, April 3 because of Monsignor Dan's funeral.

I hope that you have a prayerful, blessed Holy Thursday, Good Friday, Holy Saturday, and Easter!

May Your Spirit Be Lifted,

Christopher Smith
Principal

MATTHEW 26:26-30

While they were eating, Jesus took bread, said the blessing, broke it, and giving it to his

IMPORTANT DATES

Thurs 3/28 -- Holy Thursday -- HALF DAY
Fri 3/29 -- Good Friday -- NO SCHOOL
Mon 4/1 -- Easter Monday -- NO SCHOOL

disciples said, "Take and eat; this is my body." Then he took a cup, gave thanks, and gave it to them, saying, "Drink from it, all of you, for this is my blood of the covenant, which will be shed on behalf of many for the forgiveness of sins. I tell you, from now on I shall not drink this fruit of the vine until the day when I drink it with you new in the kingdom of my Father." Then, after singing a hymn, they went out to the Mount of Olives.



Wed 4/3 -- Monsignor Dan's funeral -- NO SCHOOL

Fri 4/5 -- All-school Adoration -- 2pm

Fri 4/5 -- Spring Fling Dance -- 7-9pm (see details below)

Fri 4/12 -- Faculty In-Service -- HALF DAY

Mon-Fri 4/22-26 -- Spring Break -- NO SCHOOL

Tues 4/30 -- Awards and Recognition Ceremony - 6pm -- Heberton Hall

Sat 5/11 -- Spring Craft Fair

[CLICK HERE](#) for the 2023-2024 SCHOOL CALENDAR



Early last week, **Father Francis and Father Joseph from the Franciscan Friars of the Primitive Observance** (in town for the Lenten Mission at the Parish of the Holy Spirit, Keene NH) visited with the seniors during their Ethics class with Mr. Sully and Mr. Smith.



It was a busy day yesterday! The freshmen had their annual retreat at the KSC Camp at Wilson Pond. The sophomores did some community service by cleaning up on the east side of Keene in cooperation with Hundred Nights Shelter (see photos). The juniors took the SAT. And the seniors did some graduation planning and enjoyed a half day.



American Red Cross

RED CROSS FIRST AID/CPR/AED

We will be offering the Red Cross First Aid/CPR/AED (adult and pediatric) course on **Saturday, March 30, 10:00am-2:00pm**. The cost will be \$50. This could be a great opportunity for students in preparation for summer jobs.

****PLEASE NOTE:** The class will be held in the religion classroom on the 2nd floor of SJRS.

All those planning to attend, please [CLICK HERE TO REGISTER](#) and [PAY](#) for the course.

The DEADLINE to register/pay is TODAY.

If you have questions, please email Mrs. Hart. (chart@mercyacademykeene.org)

STUDENT-ATHLETE FEATURE

Senior Ethan Lewis

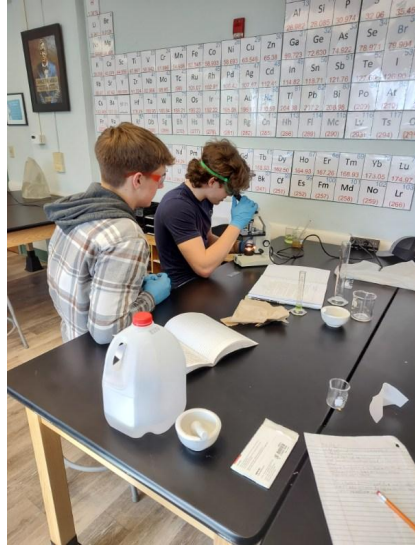
Ethan started playing tennis at the Keene Country Club when he was six years old. He has been a part of the Keene High School boys varsity tennis team for all four years of high school. He initially played #2 the first year, and has been #1 singles and doubles for the past three seasons. He has served as a captain for three years as well. He typically plays 20 hours of tennis per week. Ethan plans to continue playing in college, but would like to hone his skills by playing for a club team during his first college year. He is hoping to play NCAA Division I by his sophomore year at Siena College, where he plans to attend. **GOOD LUCK this season, Ethan!**





Last week, the students in **Dr. Regney's Honors World Literature class** finished out their reading of *I Am Malala* by celebrating Malala Yousafzai's love for her home country with Pakistani food, listening to Pakistani music, and enjoying henna body art by student artists.





A few weeks ago, Mrs. Hoye's Biology class extracted DNA from lentils in their lab, then viewed the DNA under a microscope!



Last week, Mrs. Hoye's Forensics class built houses where an arson was committed. Then they swapped with another lab team to determine the point of origin of the crime.



The **Mercy Project** classes at Mercy Academy have some great activities and projects planned for this semester! The Mercy Project is our interpretation of a community service-based course in which students play active roles in both our immediate and extended neighborhoods. The course puts Mercy Academy's mission into action. It calls on students to be informed of the world immediately around them and beyond, and the needs of the greater community. The goal is for students to be motivated and inspired to share their gifts and knowledge to have an impact on others, and to grow as compassionate, active citizens.



Providing connections to food, housing, and job aid to those who need it in the City of Keene.

The **Keene Connect Hub** will be a kiosk available at 4 different locales and will provide connections to housing, food, and job aid to those in the community who are housing or food insecure. The way the kiosk works is by accessing a website with no other access to the internet. It allows people to gain access to information on services such as food and housing assistance as well as job aid. And it provides information on the locations of those services in the region.

Come see us at International Night (and perhaps donate to our cause) on March 20th at SJRS, where we will be showcasing a prototype of this project!

Mercy Project Presents

PICKLEBALL TOURNAMENT FUNDRAISER

06 April, 2024

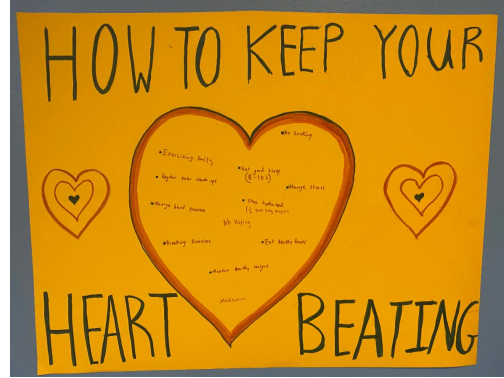
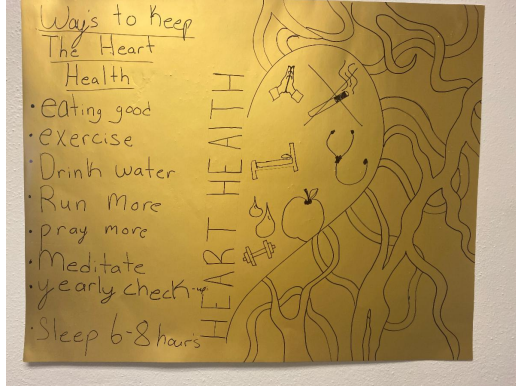
Arrive at 9am, games start at 9:30

HELP MERCY PROJECT
FUNDRAISE FOR CASA: AN ORGANIZATION THAT SERVES AS THE "EYES AND EARS" OF THE COURT, AND SPEAKS UP TO MAKE THE CHILDREN'S BEST INTERESTS KNOWN.

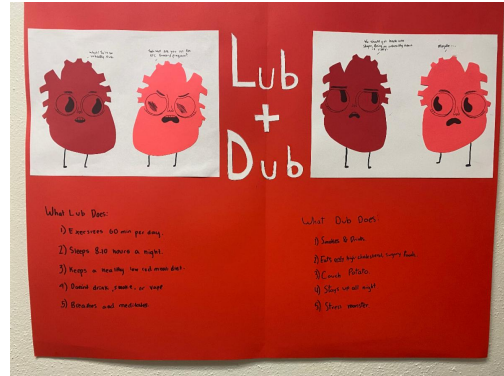
\$30 PER TEAM

To be held at the SJRS gym

[CLICK HERE TO SIGN UP!](#)



The students in Mrs. Hart's Health class made posters to share tips on how to keep your heart healthy during National Heart Health Month!



INTERNATIONAL NIGHT!





KSC SOLAR ECLIPSE WORKSHOPS

Don't miss the solar eclipse workshop with Keene State Professor Sarah McGregor. The event will take place on **Friday, April 5, at 1:00pm**. The presentation will be in Rhodes Hall Room 203 on the KSC campus. All are welcome! With the solar eclipse on the horizon, take this opportunity to dive into the inner workings of these awe-inspiring events. The session will not only unravel the mysteries of the planets' movements and alignment but will also discuss the viewing safety and will teach you how to make a personalized solar viewing device to take home. If possible, please bring a shoe or cereal box. All other materials will be available.


**Spring
Fling**

The logo for 'Spring Fling' features the words 'Spring' and 'Fling' in a large, bubbly, yellow font with a black outline. The text is set against a background of several pink, multi-petaled flowers. The overall design is colorful and festive.

**Friday, April 5th
SJRS Gym
7-9pm
\$10**

**Bring a guest from another
high school and they get in
free!**

**(all guests must have an
updated guest form)**



ELEMENTS MMA
KEENE, NH

SELF PROTECTION FOR GIRLS AND THEIR MOMS

A THREE PART WORKSHOP SERIES


March 16th, 23rd, & 30th
@ 2:30pm

Does your daughter know how to protect herself? Now's the time to empower her with practical martial arts training. Our self protection workshops are designed to instill confidence and awareness in young women and moms as they bond and play. Cost listed is for mom and kiddo, bring additional friends if you like!

Single Workshop: \$30
Full Series: \$75
Extra Friend: \$10

ELEMENTS-MMA.COM/WORKSHOPS

310 Marlboro Street, Keene, NH 03431



ELEMENTS MMA
KEENE, NH

Mixed Martial Arts TEEN BOOT CAMP

Summer 2024

June 19, 20, 21
July 10, 11, 12
August 14, 15, 16

Our Teen Bootcamp is designed to jump start fitness and inspire confidence at a pivotal point in a young person's life. Students will experience grappling, striking, strength training. Finishing off with intense cardio will push teens to perform in ways they never thought possible, leaving them feeling charged up for the next step in their life.

Time: 1-3pm
Ages: 14-19

ELEMENTS-MMA.COM/CAMP

This is not a school sponsored event.



RAISING FUNDS FOR A BRIGHTER FUTURE.



SHOP
Look for the shelf tag on more than 1,500 participating products that will help earn money for your school.



CHECK OUT
Get 3 School Dollars for every 4 participating products you purchase.



DONATE TO YOUR SCHOOL
Deposit your School Dollars in the collection tower at your store, or donate online to any participating school of your choice.

Newsletters from previous weeks can be found on our website here:
<https://www.mercyacademykeene.org/news>



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